

Train with Rebekah, LLC Softball Pitching Instruction Waiver of Liability and Express Assumption of Risk

In consideration of my participation in fast-pitch softball instruction, I acknowledge that I understand the nature of the activity, and that I, and/or my minor child, am qualified, in good health, and in proper physical condition to participate in such activity. I fully understand that all elements of fast-pitch softball involve risk of serious bodily injury, including permanent disability, paralysis, and death, and that these and other risks may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the Releasers named below, and that there may be other risks either not known to me or not foreseen at this time and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the activity. I hereby release, discharge and covenant not to sue Train with Rebekah, LLC, Rebekah Doran (each considered one of the Releasers herein) and hereby release from all liability, claims, demands, losses or damages on my account caused or alleged to be caused whole or in part by the negligence of the Releasers. This release, waiver of liability and express assumption of risk agreement does not apply to any liability, claims demands, losses or damages arising out of the gross negligence of or intentional, willful or wanton misconduct of Releasers. If I or anyone on my and/or my minor child's behalf makes a claim against any of the Releasers, I will indemnify, defend, save and hold harmless each of the Releasers from any loss, liability damage or cost which may incur as a result of such claim.

Do not pitch a ball, throw a ball or swing a bat until you are certain of the safety in doing so. Please pay particular attention for bad hops off of the front edge of the home plates and deflections off of structures. Watch out for errant pitches and deflected pitches from other lanes. Be aware that training equipment malfunctions do occur and can cause injuries. Be aware of your surroundings. Participants are responsible for their own protective equipment. If you need it, bring it and wear it.

I acknowledge that by signing this document, I have received, read, understand and agree with this release, waiver of liability and express assumption of risk agreement.

(Participants Name)

(Printed Name, Parent/Guardian if less than 18 years of age)

(Signature, Parent/Guardian if less than 18 years of age) **Date:** _____